

Psychosocial Resilience & Sustainable Practice in Mediation and Dialogue

Specialized Mediation Competency Workshop

Develop skills grounded in neuroscience and empirical research | November 11, 12:00pm – 4:00pm (Online) | 8 CEE Points

Mediators and peacebuilders are increasingly working under conditions of polarization, emotional intensity, and moral complexity, often without adequate structures for support. This advanced interactive session explores the psychosocial impact of holding conflict, including secondary trauma, moral injury, and cumulative stress. Participants will learn practical tools for regulation in high-stakes conflicts and approaches for designing safer, more sustainable mediation and dialogue processes.

Grounded in neuroscience, trauma-informed practice and professional experience, this session positions well-being not as an individual add-on, but as essential infrastructure for ethical, effective, and resilient mediation.

Facilitators:



Alicia Kuin is a chartered mediator and dialogue facilitator with over 20 years of experience designing and leading multi-stakeholder processes on complex and contentious issues. She works across Canada and internationally and has facilitated over 800 dialogue processes. Her current work focuses on supporting institutions and practitioners to navigate polarization while sustaining a resilient practice.



Sara Cook is a mediator, facilitator, and conflict response specialist with experience working in high-pressure and conflict-affected environments. She supports mediators, institutions, and field teams to strengthen psychosocial resilience, ethical practice, and effectiveness in complex settings. Sara has extensive experience working with trauma-affected populations and has facilitated training and dialogue for people in over 50 countries. Her work integrates conflict resolution and trauma-informed practice.

Registration

(Includes access to the live session, workshop materials, plus recording link for on-demand streaming.)

ADRIO Member, \$130

ADRIC Affiliate Member, \$150

Non-Member, \$170

Workshop Roadmap

*The Psychosocial Impact of Practice
Regulation in High-Emotion Processes
Safer Mediation & Dialogue Design
Sustainable & Ethical Practice
Reflection and Integration*

--

Register to learn how to recognize the psychosocial impacts of mediation practice; apply practical regulation tools to manage high-emotion and high-pressure processes for both mediators and parties; and integrate psychosocial awareness into process design and professional practice.

Register: www.adr-ontario.ca/psychosocial