

The following alternative dispute resolution training courses have been evaluated by the ADRIO Regional Course Accreditation Committee. These courses can be counted towards ADRIO full membership requirements as well as ADRIO/ADRIC designations. For details on upcoming intake dates, registration, and fees, refer to the contact information in the “more information” column.

Approved Foundational (i.e., “Basic”) Courses, Page 1 of 3			
Course	Description	Provider	More Information
ADR Institute of Canada’s (ADRIC) National Introductory Mediation Course (NIMC) – Designed by ADRIC for the direct purpose of designation applications (e.g., Q.Med and C.Med)	The Introductory Mediation Course will prepare each participant with the foundation of conflict management theory, mediation and dispute resolution skills that include case management, administrative, procedural and ethics. This program is a blend of foundational theory, practical application and implementation, ethical decision making and values, and handling complex dynamics in dispute resolution. This course will satisfy the education requirements for the foundation course to apply for a Qualified or Chartered Mediator Designation.	ADR Institute of Canada (ADRIC)	Contact: info@adr-ontario.ca
Alternative Dispute Resolution (now online)	At this multi-day workshop on conflict resolution, you will discover the time-proven process to find win-win solutions to nearly any conflict thereby saving time, reducing costs, eliminating litigation and preserving valuable relationships. Now available In-Person and Live Online. You will develop the practical skills and techniques you need to resolve disputes effectively with confidence.	Stitt Feld Handy Group	Website: www.adr.ca Phone: 1-800-318-9741
Dispute Resolution with Agree Inc. Level 1: Fundamentals Level 2: Mediation	<p>Delivered synchronously online, each level of this engaging series provides 20 hours of practical learning co-taught by a group of experienced instructors who have worked in commercial, family and workplace environments. Role plays are supported by skilled coaches from the field of conflict management, and teach pieces are supplemented with live demos, exercises, videos, and role plays.</p> <p>Level 1: Topics include: Interest, Rights & Power; Negotiation Strategies; Coaching Conversations; and the Mediation Process.</p> <p>Level 2 focuses on enhanced mediation skills and in-depth role plays. Topics include: Mediator Styles; Mediation Design; Organizing Tools; Breaking Impasse; Ethics; and Building a Mediation Practice</p> <p>Content is offered in a longstanding partnership with the Certificate of Conflict Management offered by Conrad Grebel University College, affiliated with the University of Waterloo.</p>	Agree Inc. via Conrad Grebel University College, University of Waterloo	Website: https://uwaterloo.ca/conflict-management/dispute-resolution-level-1-fundamentals-and-dispute Email: sbaker@uwaterloo.ca

Approved Foundational (i.e., “Basic”) Courses, Page 2 of 3

Course	Description	Provider	More Information
Fundamentals of Mediation	Online and live-streamed. An interactive, intensive 5-day course in a small-group learning environment. This course is accredited by the Law Society of Ontario for Continuing Professional Development. This program contains 1.75 hours of Professionalism content and 38.25 hours of Substantive content.	Bignucolo Conflict Resolution (formerly provided by Munn Conflict Resolution Services)	Website: http://www.ajb-lawoffice.ca Email: alexandra@ajb-lawoffice.ca Phone: 519-814-1414
Mediation and Conflict Resolution	Conflict is inevitable, but it does not have to be debilitating for individuals and organizational/social systems. Mediation is a crucial means to reaching peaceful and agreed solutions in today’s world— on an international, political, industrial, peace-keeping or social level. This course explores the theory and practice of dispute resolution and mediation. Students gain a broad understanding of mediation and negotiation strategies, learn skills that lead to great success in managing conflict, and develop confidence in the mediation process as an effective means for resolving interpersonal, organizational and community disputes.	Ontario Tech University	Website: https://socialscienceandhumanities.ontariotechu.ca/legalstudies/index.php Email: admissions@ontariotechu.ca
Mediation and Dispute Resolution Certificate	The Mediation and Dispute Resolution certificate is a 12-week online course. Complete assignments when it’s convenient for you, participate in live discussions, and receive personalized support from a dedicated instructor. In this course you will learn: an overview and comparison of different ADR models, including arbitration, mediation, and negotiation; practical techniques for resolving workplace conflicts, including coaching, negotiating, and mediating; how to uncover and address the root causes of conflicts; procedures and techniques for conducting family mediations; codes of practice and professional standards for mediators; how to conduct a mediation online.	Kompass Training (Herzing College)	Website: www.kompasstraining.ca Email: info@kompasstraining.ca

Approved Foundational (i.e., “Basic”) Courses, Page 3 of 3

Course	Description	Provider	More Information
The Essentials – Introductory ADR Course	“The Essentials” is a 40- hour introductory dispute resolution program aimed at providing you with the fundamental tools to resolve conflict. Your course begins with a comprehensive look at the origins of conflict and an analysis of responses when we find ourselves immersed in it. You will use that knowledge and apply it to an interest-based negotiation process. Next, we will build on new-found skills-sets and progress to mediation, where a neutral third party assists disputants resolve conflict on their own. The Essentials will include engaging lectures, videos, in-depth class discussions as well as plenty of opportunity to practice new found competencies by way of role-playing.	Lightstone Academy for Conflict Resolution	Website: www.Lightstoneacademy.ca Email: helen@lightstoneacademy.ca
Foundations of Alternative Dispute Resolution (ADR) and Mediation	This course will focus on case management process, procedural skills, interpersonal relationships, ethics, and their relevance to mediation and dispute resolution processes. It will use community mediation as a practical application to demonstrate theory and principles, covering key components of knowledge, core training topics, and role play to achieve foundational learning and practice. The course will cover the nature of conflict, as well as conflict management theories and principles relevant to practitioners, including information gathering, relationship building, communication, problem-solving, and professional skills specific to alternative dispute resolution (ADR) and mediation. It will also cover ethical values and decision-making, all through the lens of interest-based mediation.	York University	Website: https://continue.yorku.ca/programs/certificate-in-dispute-resolution/ Email: continue@yorku.ca Phone: 416-736-5616

For more approved courses, including specialized (i.e., “advanced”), arbitration, and med-arb courses courses, visit:
www.adr-ontario.ca/approved-courses/

For a list of upcoming professional development training, community of practice sessions, and networking opportunities, visit:
www.adr-ontario.ca/event-calendar