



ADR Institute of Ontario

THE TRAUMA-INFORMED MEDIATOR

Learn How to Wear Trauma-Informed Lenses. Gain Insight for your Clients and Yourself.

An Interactive and Synchronous Skills Development Workshop

Tuesday, October 26, 3:00pm – 5:00pm EDT | 4 CEE Points
\$65 Member, ADRIO | \$95 Non-Member
\$80 Member, ADRIC Affiliate

Have you ever found yourself in the middle of a mediation, realizing that you are arguing or wanting to argue with one of the parties or their counsel? Have you ever had a party in a mediation articulate an interest perfectly in the intake interview but completely freeze in the actual mediation? Have you ever felt the tendency to cave into the other party's demands in a self-deprecating panic? Have you ever had the feeling that something else was going on under the surface when parties act in ways that undermine their own interests?

You might be dealing with a trauma response in yourself or your client.

Learning how to mediate in a trauma informed manner can help you avoid the misunderstandings and inaccurate assumptions that can grind a mediation to a painful halt and pave the way to greater mutual understanding, more compassionate practice and more satisfying and successful outcomes.

In this webinar you will learn how to be trauma informed in your practice. At the most basic level this means being aware of the impact of trauma on the brain and the body and actively implementing strategies to avoid exacerbating trauma related problems during a mediation and in general.

Read the next page for list of learning objectives and facilitator's bio.



This online workshop will be led by:

JOAN CASS
MSW, RSW, Q.Med

Fortify and Enhance Your ADR Practice

This workshop is ideal for new and aspiring mediators, dispute resolution students, lawyers, veteran mediators, union representatives, human resources and labour management professionals.

Register: <http://www.adr-ontario.ca/traumainformed2021>

* +HST on all rates. Cancellation Policy: If you are unable to attend, your registration is fully transferable to another person in your organization. If you must cancel, notice must be received in writing. All refund requests received on or prior to October 5, 2021 will receive a refund less a 20% administrative fee; those received on or before October 12, 2021 will receive a refund less 50%. No refunds after October 12, 2021. Sessions, speakers and times are subject to change. Registrations are tentative until October 25, 2021. Should ADRIO need to cancel this event, you will receive a full refund. Once payment has been processed, this refund policy applies under all circumstances.



JOAN CASS
MSW, RSW, Q.Med

Joan Cass is a recovering Medical Social Worker whose 30 years of experience working in hospitals has made her personally and professionally aware of the effects of Compassion Fatigue and Vicarious Trauma. In 2015, Joan made a shift in her career when she went back to school to complete the Certificate and then Advanced Certificate, in Dispute Resolution at York University.

Joan has since become a Qualified Mediator and a Director on the Board of Directors of the Alternative Dispute Resolution Institute of Ontario (ADRIO). Most recently, she is honoured to have become President on the ADRIO Board. Joan now leads and co-leads her workshops called “When Caring Hurts-Compassion Fatigue in Helping Professionals” and “The Trauma Informed Mediator. She is a Trauma Counsellor for Morneau Shepell and Health Canada, a Debriefing Counsellor for Trillium Gift of Life Network and has been an Independent Complaint Facilitator on the ADRIO Roster for OACCAC. She is proud co-founder/co-leader and the “J” in JADE Mediation Practice Group. Between her hospital work, her career-long interest and work in Disaster Behavioural Health and experience as an Information and Referral Coordinator in Family Law Information Centres within Toronto’s Family Courts, Joan has built a strong knowledge base and wealth of experience in assisting people through crisis and loss. She is a fierce believer in abundance, compassion and chocolate as a first line intervention. She is known for her practical wisdom and warm, welcoming energy.

“Joan Cass is a natural facilitator. She balances presenting content with reading the room and coaches people through the content in a way that guides them to new learning in the most beautiful, interactive way.” - *Shanan Cunningham, Instructional Designer*

Learning Objectives

- ✓ Define trauma in the context of mediation
- ✓ Identify trauma responses in yourself (the mediator), the parties, and the mediation process
- ✓ List the pillars and principles of trauma informed care
- ✓ Utilize tools to manage trauma responses in the mediator, the parties and the mediation process

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