Full-Day Professional Development Training

MEDIATION FROM THE INSIDE OUT: DEEPENING OUR CAPACITY AS CONFLICT HEALERS

October 25, 2018
8:30 AM – 4:30 PM
Novotel, 3 Park Home Avenue, Toronto, ON.

“"The success of an intervention depends on the interior condition of the intervener." Is this quote from William O’Brien true? If it is, it could be read to say, “The success of a mediation (or coaching session) depends on the interior condition of the mediator (or coach).” This is hard news for mediators, coaches and other intervenors! This workshop considers how our interior condition influences, transforms or entrenches the clients with whom we work, inviting us to sharpen our capacity as conflict healers. Attention is given to how we might attend to our interior condition as we walk with our clients through their hard conversations. See page 2-3 for course agenda, testimonial, and instructor’s bio.

Cost:
Early-bird Member (until Oct. 1st) $230 | Member Regular $260
Non-Member $300 | Cancellation Policy on Page 3.

Register: www.adr-ontario.ca/conflicthealing

Betty Pries
CEO of Credence & Co.
Agenda

8:00 AM- 9:00 AM Full American Breakfast + Registration

9:00 AM Program Part I
• Introduction
  o Welcome, agenda review
• Introduction to theme: Two quotes to guide the conversation
  o “The success of an intervention depends on the interior condition of the intervenor.” William O’Brien
  o “One could say that [as mediators] we have preciously guarded neutrality as the standard at the expense of examining the role of compassion. We have honed our skills as conflict technicians, not conflict healers.” Lois Gold
• Dialogue and teaching re: both quotes and their implications
• Case study and application

10:45 AM – 11:00AM Morning break

11:00 AM Program Part II
• Emotional triangles and the third-party role
• The use of self in the third-party role
• Implications for transforming polarized thinking

12:30 PM – 1:30 PM Lunch

1:30 PM
• Attending to the interior condition

2:45PM – 3:00 PM Afternoon break

3:00PM – 4:30 PM
• Case study
• Development of questions and tone that expand the mediator’s role from solely technician to include healer as well.

4:30 PM Closing

“This workshop taught me skills to become more present to my clients, and more importantly, more present to myself as a mediator. This workshop incites self-reflection that ensures that you are aware of and in a position to positively influence your state and presence as a mediator; allowing you to be healthy and helpful. This information is extremely useful and valuable, especially in situations of highly emotional or entrenched conflict. Betty is a remarkable and relatable teacher.”

- Chrystal Regnier, ADRIIO Member

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With more than 25 years’ experience coaching, mediating, training and consulting, Betty is a highly regarded Conflict, Change and Leadership Specialist. Driven by her desire to enhance the health and vitality of organizations and their leaders, Betty specializes in working with complex challenges, transforming workplaces and organizations through custom-designed engagement. Betty’s capacity to care deeply, listen well and provide wise and thoughtful support allows her to help her clients engage in tough, meaningful and important conversations, set directions and achieve positive organizational change. Betty brings a wealth of experience to her work, having worked with a wide range of organizations, both nationally and internationally. Betty has extensive education, training and experience in coaching, mediation, negotiation, consensus building, consultation, facilitation, and organizational health. As Co-Founder and CEO at Credence, Betty’s great joy has been the opportunity to mentor and support the growth of the Credence team. Betty is a Chartered Mediator with the ADR Institute of Canada and a member of the ADR Institute of Ontario. Outside of her work with Credence, Betty is a regular instructor at the University of Waterloo. In addition, Betty is a PhD Candidate at VU (Free University Amsterdam) through which she is working on a thesis on the topic of conflict transformation.

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* +HST on all rates. Cancellation Policy: If you are unable to attend, your registration is fully transferable to another person in your organization. If you must cancel, notice must be received in writing. All refund requests received on or prior to September 27th, 2018 will receive a refund less a 20% administrative fee; those received on or before October 4th, 2018 will receive a refund less 50%. No refunds after October 4th, 2018. Sessions, speakers and times are subject to change. Registrations are tentative until October 11th, 2018. Should ADRIIO need to cancel this event, you will receive a full refund.