

COACHING'S ROLE IN PRE-MEDIATION

Many people about to participate in mediation would welcome the opportunity to develop constructive strategies and action plans so that they can make the best use of the mediation time and move forward. During this webinar, our speakers Merle Rockwell and Ed Modell - both certified coaches and mediators - will explore three components of pre-mediation coaching that serve to prepare parties to participate in the process.

Part of this preparation may involve giving space for **Emotional Expression** which can provide the party or parties with a sense of empowerment by clarifying and perhaps better understanding any underlying issues in the conflict.

Pre-mediation coaching can also help the parties try to move forward by developing strategies and brainstorming possible solutions. They have the opportunity to "try them out" by exploring the pros and cons and coming up with an **Action Plan** that would make sense to them.

A third component of pre-mediation coaching to be discussed is about **Tactics and Skill Building** which will be essential for full participation in the mediation process. Having time and support to explore what those might be through coaching helps make the mediation experience more satisfying, as well as build successful communication skills for the future.

Our speakers will invite participants to share your thoughts and/or experience, too.

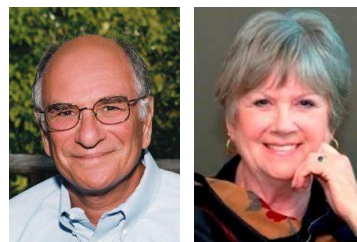
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You must register at least 48-hours before this event in order to receive any special instructions, handouts and the webinar link.

Members may attend in person or via Webinar. Non-Members attend in person at 405-234 Eglinton Avenue East, Toronto (up to 3 sections meetings after which we suggest you consider membership).

PLEASE NOTE: ADRIO is a fragrance-free zone. Please help us to accommodate our members and clients who are chemically sensitive to fragrances. Thank you for not wearing perfume/cologne, etc. when you visit the office. ADRIO does not have parking space available, but nearby parking info can be found here: adr-ontario.ca/map

Ed Modell, PCC, & Merle Rockwell, PCC Balanced Coaching and Conflict Management LLC



Ed Modell and Merle Rockwell are Executive/Leadership Coaches, mediators, facilitators and trainers, with a specialty in Conflict Management Coaching. They have been professional mediators for over 20 years and professional coaches for over 10 years.

They are married and the principals in Balanced Coaching & Conflict Management LLC. They have presented on Conflict Management Coaching and Leadership Skills at many conferences, including the 2011 and 2017 UK International Coach Federation (ICF) conferences and the 2016 Association for Conflict Resolution (ACR) Conference. They also co-led the ICF Maryland Chapter Conflict Management Coaching Community of Practice.

Deeply involved with the development and growth of the ICF both in the United States and round the world, Ed is a Past President of Global ICF and of the ICF Metro DC Chapter. Merle has served on several Global ICF Committees and Task Forces, including the committee responsible for recommending the Minimum Eligibility Requirement for ICF membership. She most recently served on the Board of the ICF Maryland Chapter.

Merle's and Ed's practice includes coaching corporate executives and leaders at NASA, the US Air Force, the US Federal Energy Regulatory Commission and the US Department of the Interior. They also continue to mediate cases in private practice and for the Maryland Courts and the Maryland Department of Agriculture, as well as facilitating strategic planning and other corporate and non-profit organization meetings.

Conflict Management Coaching Section Chairs:
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