



Using the Conflict Dynamics Profile[®] Instrument as a Coaching Tool - to Improve Awareness



The Conflict Dynamics Profile[®] (CDP) provides people with a behaviourally-based view of how they currently respond to conflict. It looks at a series of fifteen constructive and destructive responses that individuals often use in conflict settings. It also explores our sensitivity to other people's behaviours that can trigger negative emotions in us. This session -brought to you by ADRIO's Conflict Management Coaching Special Interest Section - will be facilitated by Craig Runde - former Director of the Centre for Conflict Dynamics – who will review the model underlying the CDP, explain what it measures, and describe how it is used in coaching, training, and mediation contexts.

Craig Runde is the former Director of the Centre for Conflict Dynamics and Mediation Training Institute at Eckerd College (St. Petersburg, Florida). In his role there, he oversaw training and product development on the Conflict Dynamics Profile[®] instrument. Craig is the co-author of several books on workplace conflict management including *Becoming a Conflict Competent Leader*, *Building Conflict Competent Teams*, and *Developing Your Conflict Competence*. He received his B.A. from Harvard University, an M.L.L. from the University of Denver, and a J.D. from Duke University. Craig has been trained as a Conflict Management Coach.

Further information on the CDP including sample reports may be found at www.conflictdynamics.org

Conflict Management Coaching Section Chairs:
Cinnie Noble, C.Med
Shelley Stirling-Boyes

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Members may attend in person or via Webinar. Non-Members attend in person at 405-234 Eglinton Avenue East, Toronto (up to 3 sections meetings after which we suggest you consider membership).