

Conflict Management Coaching and
Family Sections Presents



Beyond Ground Rules!

Mediators use ground rules as a tool to keep the process civil and productive. However, because they operate at a behavioral level, ground rules are limited in effectiveness. Laura Atwood, Professional Certified Coach and mediator, will be exploring the opportunity for family mediators (and in fact, mediators in other contexts) to invest some time and focus up-front in an inside-out coaching approach, which operates at the thinking and being level - to help your clients bring their best selves to the mediation table intentionally.

This presentation brought to you by the Family and Conflict Management Coaching Special Interest Sections will touch on mindsets, neuroscience, concepts, and tools. You'll take away frameworks to use with clients to support their understanding and self-management of triggers, and to help them show up more resourcefully in the process. The initial investment of time has a ripple effect throughout everything else in the mediation process which will yield more productive conversations and better results. (And less stress for you!)

Clients typically come away from the process more satisfied with the results, because they have not only achieved concrete outcomes, they've also learned and grown in important ways, and they take pride in how they conducted themselves in such a challenging situation.



Our speaker:

Laura Atwood, PCC, BCC, ACPC is a professional coach and President of Adler Learning-USA in Phoenix, Arizona, teaching Adler International Learning's ICF-Accredited Coach Training Program. Laura is credentialed as a Professional Certified Coach by ICF, and a Board Certified Coach by CCE, with specialty certification in Leadership and Executive Coaching. Conflict management coaching is one of Laura's specialties. In addition to coaching, Laura is a professional mediator, with experience in both civil and family & divorce mediation.

Laura began her career as an anthropologist, driven by her fascination with how people organize and make sense of their world – an interest that now finds expression in coaching and alternative dispute resolution. Laura has a knack for helping clients to get unstuck from unproductive thinking patterns that are holding them back in life and in work, and to find fresh perspectives that open doors to new possibilities.

Laura is an active global leader in the coaching profession. She served as Co-Chair of ICF's Regulatory Committee of ICF (International Coach Federation) and as a mediator in ICF's Ethical Conduct Review process. She was the 2010-2012 global President of ACTO (Association of Coach Training Organizations), and the 2006 President of the Greater Phoenix ICF Chapter. Laura is a member of the Association of Conflict Resolution (ACR) and is a member and former Board member of MCAFM (Maricopa County Association of Family Mediators).

Phone 602-493-1886 · laura@adlerlearningusa.com · AdlerLearningUSA.com

Conflict Management Coaching Section:

Cinnie Noble, C.Med
Shelley Stirling-Boyes

Family Section: Cathy Wills, M.A., C.Med., Acc.F.M. (OAFM)

Cindy Holovac-Leithead, BA (Hons), M.C.A., Acc.FM, Q.Med, C.P.Med,
Elder Mediator

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405-234 Eglinton Avenue East, Toronto
(up to 3 sections meetings after which we suggest you consider membership).